

SIGNATURE

Azerai Signature Treatment 60/90 mins 1,200/1,580

During the ancient times, there were no hospitals in Vietnam. The parents used Cajeput oil as a pain reliever. They applied to the affected area and massaged with love for their children. They believed that the oil has a warming effect in the body, improves blood circulation and relaxes the muscles.

Fresh Herbal Poultice Treatment 90 mins 1,740

Traditional Vietnamese massage includes the use of soothing herbal poultices such as lemongrass, ginger with cinnamon, star anise, Vietnamese rice and aromatic oils from local hill tribes. Its signature invigorating movements warm and relax the muscles.

ANCIENT TREATMENTS

Vietnamese Traditional Cupping 60/90 mins 1,200/ 1,580

This traditional therapy using special pressure point techniques will energize and improve blood circulation. The cupping method is a perfect way to reduce toxins, negative energy and eliminate tightness or fatigue from stiff muscles.

Bamboo Leg Therapy 60 mins 1,200

Bamboos are used to massage the legs, reduce water retention and adipose tissue while also releasing muscular tension in the legs. The circulation and metabolism are increased; your legs will feel light and toned.

Traditional Hair Wash (Traditional Old Remedy) 60 mins 800

Nature is often the best remedy, for hundreds of years, Vietnamese ladies have created their own mixture from natural ingredients such as Locust, Lemongrass and Pandan leaf. It brings a very effective solution to cure dandruff, prevent hair loss, stimulate hair growth and make it very silky, black and shiny.

MASSAGES AND THERAPY

Thai Massage 60 mins/90 mins 1,200/1,580

This treatment combines acupressure and reflexology using traditional Thai massage techniques. In this process, joints are opened, muscles and tendons are stretched, internal organs are toned, and energy is balanced.

Swedish Massage 60 mins/90 mins 1,200/1,580

One of the primary goals of the Swedish massage technique is to relax the entire body. This is accomplished by rubbing the muscles with long gliding strokes in the direction of blood returning to the heart.

Lava Rock 90 mins /120 mins 1,650/2,130

Enjoy the firm pressure of hot volcanic basalt stones on your body. The heat radiating out will infuse deep into your weary muscles, stimulating warm relief and relaxation.

Key Focusing 60 mins/ 90 mins 1,200/1,580

Feeling pain? tired? stress? tightness? Request the therapist to focus on one particular part of your body using a variety of techniques to make you feel fresh, relaxed, and at ease.

SCRUB AND WRAP

Aroma Body Scrub (Salt & Honey/Green Tea/ Coffee) 30 mins 850
Its benefit is not only removing dead cells but also enhancing skin texture. The essential oil will absorb deeply into the tissue. Leaving your body feel absolutely fresh and rejuvenated.

Nourishing 45 mins 1,200
This mud wrap is rich in vitamins and minerals, combined with essential oils. Its effect will refresh, soften and restore balance of the skin. Recommended for dehydrated skin or sensitive skin.

Cucumber and Aloe Vera Sun Cooler 45 mins 1,200
This refreshing treatment is what your skin needs to survive the heat. Not only for sunburn (though it's great for that), our blend of Fresh cucumber and aloe vera, heals and hydrates your skin after a day in the sun.

FACIAL

Revitalizing 60 mins 1,150
Restore your dry and damaged skin with a light cleanser, followed by essential mask and moisturizer cream. Continue with a gentle facial massage and a final touch of skin protector to leave your skin plump and glowing.

Balancing 60 mins 1,150
This treatment is recommended for normal and sensitive skin. Vitamin enriched product with refreshing, protective action reduce redness and soothe fragile capillaries. It will soothe and protect your skin.

Deep Cleansing 60 mins 1,150
A deep hydrating treatment ideal for oily and combination skin for both men and ladies. This smoothing and firming facial will restore moisture and silkiness, reduce impurities and roughness.

Natural Facial 60mins 1,150
The natural facial will leave your skin feeling fresh, renewed and beautiful. Using natural local ingredients with a facial massage. Focusing on pressure points to induce a sense of relaxation and radiance to the face and neck.

HEAD, SHOULDER AND FOOT

Back Neck and Shoulder Therapy 60/90 mins 1,200/1,580
Pressure point techniques and long strokes are applied to the back, shoulders and head. This therapy will restore and strengthen muscular flexibility, joint mobility and spine motion.

Indian Head Therapy 60 mins 1,200
Opening with "Champ", meaning "Head Massage" in Hindi, is a short upper back & shoulders therapy to open "Chandra" and cleanse the aura. The warm coconut oil for the crown of wisdom (head) as per ancient Indian belief.

Vital leg Relief 60 mins 1,200
Designed to address fatigue and general discomfort of the legs and feet. The improved blood circulation will reduce swelling and regain comfort.

Foot Relax 60 mins 1,200
This ancient pressure point healing method uses the power and sensitivity of the human hand to press key points on the surface of the skin to stimulate the body's natural self-curative abilities.