

Le Spa at Azerai La Residence Hue, winner of several World Luxury Spa Awards for Vietnam's Best Luxury Boutique Spa, encompasses an area of 545 square meters that include six stylishly-appointed treatment rooms adorned with eclectic details of the 1930s art deco era. Classic Finnish-style saunas and luxury steam rooms and an ice fountain.

Having undergone a full refurbishment which was completed in 2019, Le Spa now offers two double treatment rooms and four single treatment rooms, each with a private dressing area, vanity and shower, as well as a comfortable and stylish divan. The redesign, which was overseen by French-Canadian architect Pascal Trahan, features a sophisticated minimalist aesthetic, with neutral colour tones and art deco touches. Le Spa now features attractive terrazzo floors, tall ceilings and a simple, elegant design, and is both spacious and comfortably proportioned.

Thermotherapy is a treatment designed to awaken the senses. Guests alternate between warm showers and applying ice to their bodies, directly from the fountain and then back to the warm shower, alternating between hot and cold temperatures. The ice fountains are a new addition to Le Spa, producing crushed ice that guests apply directly to the skin creating a revitalizing sensation. The ice cools down the body temperature, before the cycle is repeated with the use of steam and sauna rooms to increase the body temperature once more.

We have a wide range of exclusive signature treatments using traditional remedies such as the Azerai Signature Treatment, Herbal Poultice Treatment, Vietnamese traditional cupping, Bamboo Leg Therapy and Traditional Hair Wash.

The Herbal Poultice Traditional Treatment is traditional and effective, using fresh ginger and lemongrass from the resort's garden, in addition to cinnamon, star anise and Vietnamese rice. This treatment is particularly effective for guest with sore or painful muscles as it improve blood circulation which in turn, results in detoxification.

The Azerai Signature Treatment uses cajeput oil as a pain reliever, In ancient times, before the advent of hospitals in Vietnam, parents lovingly applied cajeput oil to the affected area to relieve their childrens' muscle pain and massaged the oil into the skin with love and tenderness. It was widely believed that this oil has a warming effect on the body, improving blood circulation and relaxing the muscles.

The spa team added new treatments to the menu, such as the Bamboo Leg Therapy, in which bamboo is used to massage the legs, reducing water retention and adipose tissue and releasing muscular tension in the legs.

We also kept our classic treatments, which are firm favourites with returning guests, including the Thai Massage, available with or without oil, and the Swedish Massage. For more information, please contact the team at Le Spa.