

AZERAI SPA

AZERAI KE GA BAY SIGNATURE TREATMENT

Azerai Asian Wave

60 min • 1,400 ++ | 90 minutes • 1,700 ++

The rhythmic and dynamic movements of this signature massage are like sea waves gently rocking and washing away all stress and tension. This treatment combines Swedish, Thai and Hawaiian Lomi techniques with Japanese Shiatsu.

Vietnamese Traditional

60 min • 1,400 ++ | 90 minutes • 1,700 ++

A traditional Vietnamese oil therapy that incorporates a pressure point technique with invigorating movements to warm and relax muscle tissue. Warmed small suction cups are placed on the back to aid in muscle relaxation, improve circulation and rejuvenate the body.

Relaxing Sensorial Journey

60 min • 1,400 ++ | 90 minutes • 1,700 ++

The Relaxing Sensorial evokes the soothing effect of lounging on the beach, where the scenes of sun and sand mingle. Soft, slow and harmonious movements caress the face and body for immediate relaxation - resulting in a sense of escape and serenity.

THE TOUCH OF BODY

Deep Muscular

60 min • 1,400 ++ | 90 minutes • 1,700 ++

A powerful and sensorial ritual, for the most worked muscles. This treatment combination between Thai and Swedish techniques. An integrative deep touch of full body treatment including scalp, face and stomach, leaving you uplifted and enhanced vitality.

Back Tension Relief

60 min • 1,200 ++ | 90 minutes • 1,500 ++

Used to increase energy, focusing on reviving upper body to work over key areas to relieve tension and ease muscle tightness. Additional focus on the back area, and encompassing a complete face, scalp and shoulder treatment.

Foot Reflexology

60 min • 1,000 ++ | 90 minutes • 1,300 ++

A reflexology foot treatment that speeds recovery by improving venous and lymphatic circulation, stimulating the elimination of built-up toxins associated with muscle exertion. It brings a sensation of lightness to the legs and feet, and considerably reduces the heaviness of leg muscles.

TRADITIONAL VIETNAMESE BEAUTY

Green Tea Scrub

30 min • 500 ++ | 60 minutes • 700 ++

Cleanse and soften the skin with this refreshing scrub, of sea salt and locally grown green tea, which is known for its anti-oxidant properties. More completes for your to choose 60 minutes the therapist apply body lotion with relaxing massage techniques after scrub make your skin feeling soft

Coffee Scrub

30 min • 500 ++ | 60 minutes • 700 ++

This treatment is combined with a relaxing and detoxifying treatment. With circle movement techniques soft and slow make spread of the scrub on your skin. Ideal for areas prone to fluid retention and cellulite

Rice Scrub

30 min • 500 ++ | 60 minutes • 700 ++

Gently exfoliates the skin and stimulates blood circulation, using rice, ginger and saffron scrub. Start scrub from the back and completes in the front.

Dragon Fruits Body Wrap

60 min • 700 ++

Awaken your spirit, feel the softness of the skin after our very special home made body therapy from dragon fruit mixed with yogurt and honey deep nourishing properties. then gently applied around your body including face. High antioxidant vital for the control of free radicals, astringent and vitamin c to tone the skin, applied body lotion by using massage techniques and including scalp massage

TRADITIONAL VIETNAMESE BEAUTY

Mineral Mud Body Wrap

60 min • 1,200 ++

Soften and rejuvenate the skin with a locally-inspired treatment starting with dry body brushing to gently exfoliate the skin and stimulate the lymphatic circulation. Mineral mud is then applied, followed by a cocooning body wrap and scalp massage to induce deep relaxation. It completes with the application body cream to nourish the skin.

Sun Burn Soother

60 min • 700 ++

A calming and soothing treatment using fresh aloe Vera and cucumber to moisturize and stimulate new cell growth, including foot acupressure or scalp massage

Natural Facial

60 min • 900 ++

Rejuvenate the skin with this natural facial combining pure local ingredients with a facial massage. Focusing on pressure points to induce a sense of relaxation and radiance to the face and neck.

Traditional Hair Wash

60 min • 400 ++

A treatment using our traditional Vietnamese ginger. Assists with treating scalp conditions and make shiny hair and strong

HAND & FEET CARE

Start your hand or feet with salt scrub, your skinfeeling soft and pampered. The nailsare shaped or shortened and the cuticles clean. Completes the treatment with a relaxing hand or feet massage

Express Manicure

40 min • 300 ++

Express Pedicure

40 min • 300 ++

WELLNESS ACTIVITIES

Hatha Yoga

60 min • 1,200 ++

The ancient practice of yoga benefits practitioners by bestowing spiritual and physical elevation. This unique form of exercise combines stretching and breathing to help improve circulation. This will, in turn, nourish the cells throughout the body leading to improved physical health and a meditative state of mind.

GENERAL CONDITION

Opening Hours

The Spa is open every day from 10:00am to 9:00pm (last booking at 7:30pm) The Gym is open 24 hours

Treatment Duration

The therapy durations indicated correspond to the length of your experience at the Spa. We encourage you to arrive at the Spa 30 minutes prior to your treatment in order to complete your personal consultation form and take time to relax in the tranquil surroundings of our spa before your treatment.

A Moment of Tranquility

Our Spa is a haven of serenity. Please be sure to turn off your telephone so that your relaxation and the relaxation of other guests is not disturbed.

Reservations, Late Arrival and Cancellation Policy

In order to secure the most suitable schedule, we recommend that you anticipate your treatments by making an appointment. Late arrivals may result in lost treatment time unless the schedule enables us to offer you the full service.

Should you need to cancel or reschedule your appointment, as a courtesy we kindly request that you provide us with a 3-hour notice to avoid incurring the full therapy charges. Cancellations made within the 3 hours will incur a full treatment charge.

Smoking and Alcohol

Smoking and consumption of alcohol within the spa areas is prohibited.

Valuables

We recommend that you leave all jewellery / valuables in your room before coming to the spa. We accept no responsibility for the loss of money or valuables of any kind brought onto the spa premises.

Pre-treatment recommendations

For best results, we recommend men shave on the day of a facial. For women we recommend not shaving or waxing on the day of a body treatment.

After your treatment

It is very important to drink plenty of water pre and post treatment. Take time to relax immediately afterwards, as this will help ensure you experience the full benefits of your treatment.

Safety and Security

Sexual solicitations or sexual harassment will not be tolerated and will immediately be reported to authorities.

AZERAI

KE GA BAY, VIETNAM