AZERAI SPA

Immerse in a timeless journey at Le Spa

Welcome to Le Spa at Azerai La Residence, Hue!

Le Spa is located on the ground level, an oasis of tranquility
and charm waiting to rejuvenate your mind, body and spirit.
The much acclaimed Le Spa won the World Luxury Spa Award for
Vietnam's Best Luxury Boutique Spa in 2013 and again in 2017.

From a combined reception and lounge area, the spa transitions to six treatment rooms,
four single rooms and two double suites, Le Spa team of therapists are well-trained to pamper you
as you enter this world of luxury. Experience a state -of the-art lymphatic treatment,
as well as traditional therapies to relax and revitalize.

Let's begin a journey! Experience the essence of the heating cleansing with both sauna and steam rooms
while cold experiences are provided from a pair of different showers and an ice fountain.

Enjoy!

SIGNATURE TREATMENT

Azerai Signature Treatment

60 min • 1,200 ++ | 90 minutes • 1,580 ++

During the ancient times, there were no hospitals in Vietnam. The parents used Cajeputoils a pain reliever. Theyappliedto the affected areaand massaged with lovefor their children. They believed that the oil has a warming effect in the body, improves blood circulation and relaxes the muscles.

Fresh Herbal Poultice Treatment

90 minutes • 1,740 ++

Traditional Vietnamese massage includes the use of soothing herbal poultices such as lemongrass, ginger with cinnamon, star anise, Vietnamese riceand aromatic oils from local hill tribes. Its signature invigorating movements warm and relax the muscles.

All prices are in '000 VND and subject to 5% service charge and 10% VAT

ANCIENT TREATMENT

Vietnamese Traditional Cupping

60 min • 1,200 ++ | 90 min • 1,580 ++

This traditional therapy using special pressure point techniques will energize and improve blood circulation. The cupping method is a perfect way to reduce toxins, negative energy and eliminate tightness or fatigue from stiff muscles.

Bamboo Leg Therapy

60 min • 1,200 ++

Bamboos are used to massage the legs, reduce water retention and adipose tissue while also releasing muscular tension in the legs. The circulation and metabolism are increased; your legs will feel light and toned.

Traditional Hair Wash (Traditional Old Remedy)

60 min • 800 ++

Nature is often the best remedy, for hundreds of years, Vietnamese ladies have created their own mixture from natural ingredients such as Locust, Lemongrass and Pandan leaf. It brings a very effective solution to cure dandruff, prevent hair loss, stimulate hair growth and make it very silky, black and shiny.

MASSAGES & THERAPY

Thai Massage

60 min • 1,200 ++ | 90 min • 1,580 ++

This treatment combines acupressure and reflexology using traditional Thai massage techniques. In this process, joints are opened, muscles and tendons are stretched, internal organs are toned, and energy is balanced.

Swedish Massage

60 min • 1,200 ++ | 90 min • 1,580 ++

One of the primary goals of the Swedish massage technique is to relax the entire body. This is accomplished by rubbing the muscles with long gliding strokes in the direction of blood returning to the heart.

Lava Rock

60 min • 1,650 ++ | 120 min • 2,130 ++

Enjoy the firm pressure of hot volcanic basalt stones on your body. The heat radiating out will infuse deep into your weary muscles, stimulating warm relief and relaxation.

Key Focusing

60 min • 1,200 ++ | 90 min • 1,580 ++

Feeling pain? tired? stress? tightness? Request the therapist to focus on one particular part of your body using a variety of techniques to make you feel fresh, relaxed, and at ease.

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SCRUB & WRAP

Aroma Body Scrub (Salt & Honey/Green Tea/ Coffee)

30 min • 850 ++

Its benefit is not only removing dead cells but also enhancing skin texture. The essential oil will absorb deeply into the tissue. Leaving your body feel absolutely fresh and rejuvenated.

Nourishing

45 min • 1,200 ++

This mud wrap is rich in vitamins and minerals, combined with essential oils. Its effect will refresh, soften and restore balance of the skin. Recommended for dehydrated skin or sensitive skin.

Cucumber & Aloe Vera Sun Cooler

45 min • 1,200 ++

This refreshing treatment is what your skin needs to survive the heat. Not only for sunburn (though it's great for that), our blend of fresh cucumber and aloe vera, heals and hydrates your skin after a day in the sun.

FACIAL

Revitalizing

60 min • 1,150 ++

Restore your dry and damaged skin with a light cleanser, followed by essential mask and moisturizer cream. Continue with a gentle facial massage and a final touch of skin protector to eave your skin plump and glowing.

Balancing

60 min • 1,150 ++

This treatment is recommended for normal and sensitive skin. Vitamin enriched product with refreshing, protective action reduce redness and soothe fragile capillaries. It will soothe and protect your skin.

Deep Cleansing

60 min • 1,150 ++

A deep hydrating treatment ideal for oily and combination skin for both men and ladies. This smoothing and firming facial will restore moisture and silkiness, reduce impurities and roughness.

Natural Facial

60 min • 1,150 ++

The natural facial will leave your skin feeling fresh, renewed and beautiful. Using natural local ingredients with a facial massage. Focusing on pressure points to induce a sense of relaxation and radiance to the face and neck.

HEAD, SHOULDER & FOOT

Back Neck & Shoulder Therapy

60 min • 1,200 ++ | 90 minutes • 1,580 ++

Pressure point techniques and long strokes are applied to the back, shoulders and head. This therapy will restore and strengthen muscular flexibility, joint mobility and spine motion.

Indian Head Therapy

60 min • 1,200 ++

Opening with “Champ”, meaning “Head Massage” in Hindi, is a short upper back & shoulders therapy to open “Chandra” and cleanse the aura. The warm coconut oil for the crown of wisdom (head) as per ancient Indian belief.

Vital Leg Relief

60 min • 1,200 ++

Designed to address fatigue and general discomfort of the legs and feet. The improved blood circulation will reduce swelling and regain comfort.

Foot Relax

60 min • 1,200 ++

This ancient pressure point healing method uses the power and sensitivity of the human hand to press key points on the surface of the skin to stimulate the body's natural self-curative abilities.

GENERAL CONDITION

Opening Hours

The Spa is open every day from 10:00am to 9:00pm (last booking at 7:30pm)The Gym is open24 hour

Treatment Duration

The therapy durations indicated correspond to the length of your experience at the Spa. We encourage you to arrive at the Spa 30 minutes prior to your treatment in order to complete your personal consultation form and take time to relax in the tranquil surroundings of our spa before your treatment.

A Moment of Tranquility
Our Spa is a haven of serenity. Please be sure to turn off your telephone so that your relaxation and the relaxation of other guests is not disturbed.

Reservations, Late Arrival and Cancellation Policy

In order to secure the most suitable schedule, we recommend that you anticipate your treatments by making an appointment. Late arrivals may result in lost treatment time unless the schedule enables us to offer you the full service.

Should you need to cancel or reschedule your appointment, as a courtesy we kindly request that you provide us with a 3-hour notice to avoid incurring the full therapy charges.
Cancellations made within the 3 hours will incur a full treatment charge.

Smoking and Alcohol

Smoking and consumption of alcohol within the spa areas is prohibited.

Valuables

We recommend that you leave all jewellery / valuables in your room before coming to the spa. We accept no responsibility for the loss of money or valuables of any kind brought onto the spa premises.

Pre-treatment recommendations

For best results, we recommend men shave on the day of a facial. For women we recommend not shaving or waxing on the day of a body treatment.

After your treatment

It very important to drink plenty of water pre and post treatment. Take time to relax immediately afterwards, as this will help ensure you experience the full benefits of your treatment.

Safety and Security

Sexual solicitations or sexual harassment will not be tolerated and will immediately be reported to authorities.

AZERAI

LA RESIDENCE, HUE