

AZERAI SPA

# AZERAI KE GA BAY SIGNATURE TREATMENT

## Azerai Asian Wave

60 min • 1,400 | 90 min • 1,700

The rhythmic and dynamic movements of this signature massage are like sea waves gently rocking and washing away all stress and tension. This treatment combines Swedish, Thai and Hawaiian Lomi techniques with Japanese Shiatsu.

## Vietnamese Traditional

60 min • 1,400 | 90 min • 1,700

A traditional Vietnamese oil therapy that incorporates a pressure point technique with invigorating movements to warm and relax muscle tissue. Warmed small suction cups are placed on the back to aid in muscle relaxation, improve circulation and rejuvenate the body.

## Relaxing Sensorial Journey

60 min • 1,400 | 90 min • 1,700

The Relaxing Sensorial evokes the soothing effect of lounging on the beach, where the scenes of sun and sand mingle. Soft, slow and harmonious movements caress the face and body for immediate relaxation - resulting in a sense of escape and serenity.

# THE TOUCH OF BODY

## Deep Muscular

60 min • 1,400 | 90 min • 1,700

A powerful and sensorial ritual, for the most worked muscles. This treatment combination between Thai and Swedish techniques. An integrative deep touch of full body treatment including scalp, face and stomach, leaving you uplifted and enhanced vitality.

## Back Tension Relief

60 min • 1,200 | 90 min • 1,500

Used to increase energy, focusing on reviving upper body to work over key areas to relieve tension and ease muscle tightness. Additional focus on the back area, and encompassing a complete face, scalp and shoulder treatment.

## Foot Reflexology

60 min • 1,000 | 90 min • 1,300

A reflexology foot treatment that speeds recovery by improving venous and lymphatic circulation, stimulating the elimination of built-up toxins associated with muscle exertion. It brings a sensation of lightness to the legs and feet, and considerably reduces the heaviness of leg muscles.

# TRADITIONAL VIETNAMESE BEAUTY

## Green Tea Scrub

30 min • 500 | 60 min • 700

Cleanse and soften the skin with this refreshing scrub, of sea salt and locally grown green tea, which is known for its anti-oxidant properties. More completes for your to choose 60 minutes the therapist apply body lotion with relaxing massage techniques after scrub make your skin feeling soft.

## Coffee Scrub

30 min • 500 | 60 min • 700

This treatment is combined with a relaxing and detoxifying treatment. With circle movement techniques soft and slow make spread of the scrub on your skin. Ideal for areas prone to fluid retention and cellulite.

## Rice Scrub

30 min • 500 | 60 min • 700

Gently exfoliates the skin and stimulates blood circulation, using rice, ginger and saffron scrub. Start scrub from the back and completes in the front.

# TRADITIONAL VIETNAMESE BEAUTY

## Dragon Fruits Body Wrap

60 min • 700

Awaken your spirit, feel the softness of the skin after our very special home made body therapy from dragon fruit mixed with yogurt and honey deep nourishing properties. then gently applied around your body including face. High antioxidant vital for the control of free radicals, astringent and vitamin c to tone the skin, applied body lotion by using massage techniques and including scalp massage.

## Mineral Mud Body Wrap

60 min • 1,200

Soften and rejuvenate the skin with a locally-inspired treatment starting with dry body brushing to gently exfoliate the skin and stimulate the lymphatic circulation. Mineral mud is then applied, followed by a cocooning body wrap and scalp massage to induce deep relaxation. It completes with the application body cream to nourish the skin.

## Sun Burn Soother

60 min • 700

A calming and soothing treatment using fresh aloe Vera and cucumber to moisturize and stimulate new cell growth, including foot acupressure or scalp massage.

# GENERAL CONDITION

## **Opening Hours**

The Spa is open every day from 10:00 a.m. to 9:00 p.m. (last booking at 7:30 p.m.) The Gym is open 24 hour.

## **Treatment Duration**

The therapy durations indicated correspond to the length of your experience at the Spa. We encourage you to arrive at the Spa 30 minutes prior to your treatment in order to complete your personal consultation form and take time to relax in the tranquil surroundings of our spa before your treatment.

## **A Moment of Tranquility**

Our Spa is a haven of serenity. Please be sure to turn off your phone so that your relaxation and those of others are not disturbed.

## **Reservations, Late Arrival and Cancellation Policy**

In order to secure the most suitable schedule, we recommend that you anticipate your treatments by making an appointment. Late arrivals may result in lost treatment time unless the schedule enables us to offer you the full service. Should you need to cancel or reschedule your appointment, as a courtesy we kindly ask that you provide us with a 3-hour notice to avoid incurring the full therapy fee.

Cancellations made within the 3 hours will incur a full treatment charge.

## **Smoking and Alcohol**

Smoking and consumption of alcohol within the spa is prohibited.

## **Valuables**

We recommend that you leave all Jewelry and valuables in your room before coming to the spa. We accept no responsibility for the loss of money or valuables of any kind brought onto the spa premises.

## **Pre-treatment recommendations**

For best results, we recommend Men shave on the day of a facial. For Women we recommend not shaving or waxing on the day of a body treatment.

## **After your treatment**

It very important to drink plenty of water before and after your treatment. Take time to relax immediately afterwards, as this will help ensure you experience the full benefits of your treatment.

AZERAI

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KE GA BAY, VIETNAM