

AZERAI SPA

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SERENITY FOUND HARMONY RESTORED

Azerai Spa sits along the banks of the islet's interior mangrove canals and is tucked under a shaded canopy of banyan trees dedicated to seeker of Peace, tranquillity and wellness- exclusive Azerai experience.

The spa features six air-conditioned rooms and two treatment suites, each with private bath and dressing facilities for maximum privacy, comfort and serenity.

The well designed spa menu offers a range of wellness treatments from deep-tissue to gentle massages, hot stone therapies, body wraps, scrubs and facials.

Treatments use bespoke products blended with indigenous natural ingredients such as essential oils, muds, clays Mekong rice, sweet almond oil and coffee for their therapeutic energy and to promote detoxification and wellness that begins from deep within.

Begin your experience with the magnificent Vietnamese traditional therapy treatment to create a perfect and memorable journey with ours Azerai Spa.

COMPLIMENTARY WELLNESS WEEKEND PROGRAM

YOGA CLASS

08:00 a.m. - 09:00 a.m. – Friday and Sunday

MEDITATION

08:00 a.m. - 09:00 a.m. – Saturday

OPENING HOURS

AZERAI SPA

9:00 a.m. – 19:00 p.m.

GYM

06:00 a.m. – 21:00 p.m.

AZERAI SIGNATURE PACKAGE

WILD CONNECTION OF AZERAI

120 min • 2,850

Our signature transformative spa experience. Begin your journey with a body exfoliation featuring freshly grated coconut mix with cocoa to shed the top layer of skin, followed by a deeply relaxing body treatment using warm, homemade coconut oil, and completing the experience with body treatment to relieve tension and ensure you leave in a true state of serenity.

Freshly Grated Coconut With Cocoa Exfoliation & Warm Coconut Oil & Azerai Signature

AZERAI TROPICAL DETOX

150 min • 3,580

A fusion of treatments combine to create a truly detoxifying experience which will ensure you are revitalized, leaving your skin nourished and soothed and your body re-energised and cleansed. Spa therapists apply a dry brush exfoliating technique to stimulate and remove toxins from the body, followed by a locally produced pennywort and green tea body wrap as well as a warming treatment featuring kaffir lime and orange essential oils to further detoxify a sluggish system.

Dry Brushing, Pennywort And Green Tea Body Wrap And Azerai Signature

AZERAI REJUVENATING JOURNEY

120 min • 2,850

This nourishing experience starts with a soothing foot bath followed by refreshing Anti-oxidant Mekong Mud exfoliate. The nourishing then continues with traditional Vietnamese oil therapy, improve circulation and restore the body and experience concludes with harmonious facial to rejuvenate the facial skin which combines pure local ingredients with a facial massage to enhance one's inner glow and natural beauty.

Mekong Delta Mud Exfoliation, Vietnamese Treatment, And Aromatherapy Facial

COUPLES ROMANCE COLLECTION

150 min • 6,800

Unwind in harmony with your beloved in this romantic, indulgent treatment, which provides the kind of complete serenity specifically chosen for an escape. Your dream of escaping the busy world is exquisitely realized: simply pick any of Azerai's signature treatments and discover untold intimacy together.

Choose Your Desired Treatments And Let Our Therapists Tailor To Your Need

PAMPERING EXPERIENCE

Incorporating authentic, indigenous techniques, our “Azerai” Spa signature treatments are designed to encourage you to immerse yourself in the Azerai Resort experience and provide a true appreciation of our exquisite surroundings. All treatments begin with the memorable “Azerai” Spa ritual.

AZERAI SIGNATURE AROMATHERAPY

90 min • 2,100

Experience the restorative rhythmic movements of Azerai signature Aromatherapy, a traditional way to ease sore muscles and improve blood circulation and facilitates relaxation through warmed herbal compress using assorted local herbs, pressed against the body meridian along with acupressure points with a traditional Vietnamese body treatment.

DEEP TISSUE TOUCH

60 min • 1,550 | 90 min • 2,100

A powerful and sensorial ritual, recommended for those really tense, knotted and painful areas. This treatment is a combination of Thai and Swedish techniques. An integrative deep touch with full body treatment including scalp, face and stomach, leaving you feeling uplifted and full of vitality.

VIETNAMESE TREATMENT

60 min • 1,550 | 90 min • 2,100

A traditional Vietnamese oil therapy that incorporates a pressure point technique with invigorating movements to warm and relax muscle tissue. Warmed small suction cups are placed on the back, to aid in muscle relaxation, improve circulation and rejuvenate the body.

LAVA STONE THERAPY

90 min • 2,100

Using warmth of hot basalt stones, this therapy deeply warms muscles and stimulates nerve endings to activate blood circulation and improve complexion. With an immediate draining and detoxifying effect, the flow of energy is naturally restored, leaving feeling refreshed, energized and rebalanced.

PAMPERING EXPERIENCE

HIMALAYA VITALITY TREATMENT

90 min • 2,100

A combination of an organic extra virgin olive oil and the heat of steamed Himalayan salt stone contained 84 kind of minerals, which is beneficial for your skin to revitalise and purify. At the same time the rubbing will remove all the dead skin cells and sebum, leaving you a nice, smooth and moisturized skin.

THAI RITUAL TREATMENT

90 min • 2,100

This time-honoured treatment uses traditional techniques to boost energy and vitality. Gentle and flowing strokes relieve stiff joints and stretch tired muscles. Combining acupressure techniques and synchronised breathing creates a renewed sense of vitality.

ENERGIZING BACK AND SHOULDER RELIEF

30 min • 750 | 60 min • 1,500

Combining revered eastern and western techniques, rhythmic movements and a signature oil blend to stimulate circulation and deeply relax muscles, this treatment clears energy blockages and promotes overall well-being.

FOOT TREATMENT

30 min • 750 | 60 min • 1,500

A truly relaxing therapeutic oil massages focusing on reviving the upper body, by kneading key areas to relieve tension and ease muscle tightness. Additional focus on face, scalp and shoulder massage designed to relief the stress, melt away the tension and energize whole body.

INDIAN HEAD THERAPY

30 min • 750

Traditional Indian Ayurvedic techniques to releases muscular tension from the head, neck & shoulders aiding to stimulate blood circulation. Particularly good for reducing the effects of stress and tension, excellent for dry, dehydrated and sensitive scalp as well as improving the condition of hair.

MATERNITY TREATMENT

60 min • 1,550 | 90 min • 2,100

A relaxing full-body treatment targeting areas prone to tension during pregnancy. With therapists highly trained in ensuring complete comfort for expectant and nursing mothers, this experience will ensure each moment is one of complete relaxation.

AROMATHERAPY FACIAL TREATMENTS

A true process of revitalisation featuring holistic practices and modern, innovative techniques, our facials will deliver results and we aim to have you looking as good as you will feel.

SOOTHING FACIAL

60 min • 2,050

A truly soothing and calming ritual suitable for sensitive or irritated skin. With healing & soothing properties, reduce inflammation by calming skin reactions resulting from allergies & irritations and protecting sensitive skin. Promoting skin healing, nourishes while revitalizing the skin.

HYDRATING FACIAL

60 min • 2,050

An instant hydration for dry, dull and tired skin. Skin is instantly refreshed and appears volumised, plumped and dewy. Hydration is maximized with highly nourishing botanicals and moisture-boosting essential oil blends.

MATTIFYING FACIAL

60 min • 2,200

Step out in beautiful, perfectly toned skin with a mattifying facial, which works to correct your complexion, leaving skin looking and feeling smooth and shine-free. Includes mattifying botanicals and oil-balancing essential oils to help regulate oil production so you can enjoy beautiful, refined skin.

ANTI-AGEING FACIAL

60 min • 2,200

Powerful and highly effective anti-ageing skincare, packed with natural, super-active, anti-ageing ingredients and rare essential oils. This treatment is designed to promote collagen and elastin production to visibly plump up, smooth, firm and deeply nourish skin.

BODY ENVELOPMENT TREATMENTS

GREEN TEA & PENNYWORT DETOXIFYING BODY WRAP

60 min • 1,600

A gentle dry brushing to activate and prepare the body for stimulating envelopment, which eliminates toxins, cleanses and purifies, leaving your body feeling refreshed and revitalised.

VIETNAMESE COFFEE & BROWN SUGAR TONING & FIRMING BODY WRAP

60 min • 1,650

A toning and firming treatment that reduces fluid retention and improves skin texture. This full body treatment includes dry exfoliation and body envelopment to break fat formation, transforming your skin condition and offering a refined, smooth figure.

AFTER-SUN SOOTHING BODY WRAP

60 min • 1,550

A wonderfully soothing and calming treatment, especially designed for sun-burned, damaged skin. Our expert therapists apply a fresh, cooling aloe vera gel envelopment to reduce redness and pain.

BODY EXFOLIATION TREATMENT

60 min • 1,650

Exfoliate with our locally grown Vietnamese produce, which smoothes and eliminates dead skin cells, is rich in minerals and antioxidant properties and deeply nourishes, giving a natural, youthful glow to your skin.

BEAUTY CARE

NAILCARE SERVICES

Azerai Manicure

60 min • 950

Our spa staff will begin your manicure by tidying your cuticles and cleaning, filing and shaping your nails.

Hand Cuticle And Nail Treatment, Color, Hand And Arm Therapy.

Azerai Pedicure

60 min • 950

Feel rejuvenated with our Azerai pedicure, featuring a deep foot scrub, cuticle and nail treatment.

Foot Callus Scrub, Color, Cuticle And Nail Treatment.

HAIRCARE SERVICES *(Please give 24 hours advance notice)*

Shampoo and Blow Dry – Ladies

45 min • 650

Shampoo and Blow Dry – Gentlemen

45 min • 550

Hair Nourishing Treatment

60 min • 950

Hair Cut – Ladies

60 min • 950

Hair Cut – Gentlemen

60 min • 850

SPA ETIQUETTE

We believe in providing Azerai guests with the best and most transformative experience possible. At “Azerai” Spa, our knowledgeable and expertly trained team will guide you through our bespoke retreats, ensuring that your stay on the island uplifts, revives, and restores.

SPA APPOINTMENTS

Please consult our “Azerai” Spa reception for assistance in selecting the treatments that fulfill your personal requirements. To ensure availability, advanced reservations are highly recommended. To make your appointment, in-house guests can either call “Azerai” Spa by pressing the “Azerai” Spa Hot key on your room telephone or visiting us in person. Otherwise, please inform receptionist to assist with your reservation.

CANCELLATION POLICY

If you wish to reschedule or cancel your reservation, please notify us at least 24 hours in advance to avoid cancellation charges. A 50% charge of the reserved service will be incurred for any treatments cancelled between 24 and 12 hours prior to the appointment. A full charge will be incurred for all no-show appointments and those cancelled within 12 hours.

WHAT TO WEAR

We provide a kimono and a pair of Asian flip-flops at “Azerai” Spa. For your comfort, disposable undergarments are provided before the start of your treatment. Our therapists are trained in proper dropping procedure for your complete privacy and tranquility.

ARRIVAL

We suggest you to arrive 15 to 30 minutes prior to your scheduled appointment time to enjoy the full use of our exclusive spa facilities. Please be advised that a late arrival will result in a reduction of your time.

HEALTH MATTERS

Please inform us of any health conditions upon booking your treatment reservation. These include hypertension, heart conditions, allergies, recent surgery and pregnancy.

PREGNANCY

Our treatments offered for pregnancy are designed for expectant and nursing mothers. Please allow our spa team to guide you in selecting suitable treatments for your safety. Pregnancy treatments are not allowed before the first trimester or after the third trimester and are not recommended 24 hours before or after travelling.

VALUABLE ITEMS

Please leave your jewelry and valuable items in the safety box provided in your room. While we endeavor to look after your belongings, we do not assume liability for any valuable items.

ELECTRONIC DEVICES

To protect “Azerai” Spa’s tranquil environment and protect your privacy, cellphones and all other electronic devices are not permitted in the treatment rooms. If you wish to receive treatment during your time at “Azerai” Spa, please advise one of our team members and we will be pleased to assist you. “Azerai” Spa is a smoke-free environment and alcohol consumption is not permitted.

AZERAI

CAN THO, VIETNAM